Mental Health Resource Center
UConn Hartford’s Clinical Care/Case Manager is available through the end of the semester. To schedule an appointment, please call Tracy Grubber at 860-486-9143 or tracy.grubber@uconn.edu, when you reach out please mention you are a Hartford student. Tracy’s goal is to make sure that you have the support and resources you need. For more information, please visit https://mhrc.hartford.uconn.edu/ In an emergency, call 911 or go to nearest emergency room.

Student Health and Wellness – Wellness
Joleen Nevers, Program Director for Regional Campus Wellness, is currently developing on-line stress management programming to support UConn Regional students during this stressful time. If you are interested in attending stress management programming please contact Joleen directly at Joleen.nevers@uconn.edu

Student Health and Wellness – Medical Care
All UConn students may speak to one of our nurses with health questions related to COVID-19 by calling (860) 486-8987 during SHaW’s regular business hours. Phone messages will be returned within one business day. If you are experiencing respiratory virus symptoms such as fever, cough, or shortness of breath, please call the Advice Nurse (860) 486-4700. You should call first rather than walking in without an appointment. For more information, please visit https://shs.uconn.edu/.

Office Student Services
OSS can assist with academic, personal, or financial stress you may be experiencing. Please go online and make a Nexus appointment with Christine Mosman at https://nexus.uconn.edu/. For more information about available services, please visit https://dos.uconn.edu/.

Academic Achievement Center
The Academic Achievement Center oversees the UConn Connects Program, Supplemental Instruction, and Process Tutoring Services designed to further UConn students’ academic success. Services are free and available to all UConn students. For more information, please visit https://achieve.uconn.edu/.

Center for Students with Disabilities
The Center for Students with Disabilities offers a variety of accommodations and services to students with documented permanent and temporary injuries and conditions. For more information, please visit https://csd.uconn.edu/. For Hartford specific support contact Emily Sears emily.sears@uconn.edu.

Comprehensive List of Hartford Resources
UConn Hartford created a list of on-line resources to make it easier to locate who you need, when you need them. Think of it as walking in to the Office of Student Services and asking a question. Please visit https://hartford.uconn.edu/spring-2020-online-transition/ and click the “Remote Resources for Students” button.

Off-Campus Resources
2-1-1 is your one-stop connection to local services, from utility assistance, food, housing, childcare, after school programs, elder care, crisis intervention and much more. Dial 2-1-1 or visit https://www.211ct.org/